CLAIM LISTING

1. (Cancelled) A cable or the like protection and guide device in which a number of synthetic resin link bodies articulably connected to each other with a cable or the like inserted therein, are each composed of a pair of link plates disposed on both sides of the cable or the like and an inner circumferential side connecting plate and an outer circumferential side connecting plate spanned across a bending inner circumferential side and a bending outer circumferential side of the link plate, respectively, characterized in that

tongue pieces, which are positioned at the front and rear sides of the longitudinal direction of said protection and guide device and sliding contact, are provided in a protruded manner, at least one of said inner circumferential side connecting plate and said outer circumferential connecting plate, and a metallic member is incorporated in at least one of sliding contact surfaces of said tongue pieces.

2. (New) A cable protection and guide device comprising: a number of synthetic resin link bodies articulably connected to each other with a cable inserted therein, each link body comprises a pair of link plates disposed on both sides of said cable, each link plate includes an inner circumferential side and an outer circumferential side, an inner circumferential side connecting plate and an outer circumferential side connecting plate are spanned across said inner circumferential sides and said outer circumferential sides of said link plates, respectively, said

inner circumferential connecting plate includes a front side arc-shaped in cross section tongue piece and a rear side arc-shaped in cross section tongue piece, said front side arc-shaped in cross section tongue piece of said inner circumferential connecting plate includes a front side sliding contact surface, said rear side arc-shaped in cross section tongue piece of said inner circumferential connecting plate includes a rear side sliding contact surface, said outer circumferential connecting plate includes a front side arc-shaped in cross section tongue piece and a rear side arc-shaped in cross section tongue piece, said front side arc-shaped in cross section tongue piece of said outer circumferential connecting plate includes a front side sliding contact surface, said rear side arc-shaped in cross section tongue piece of said outer circumferential connecting plate includes a front side sliding contact surface, said rear side arc-shaped in cross section tongue piece of said outer circumferential connecting plate includes a rear side sliding contact surface, and, a metallic member is incorporated in at least one of said sliding contact surfaces of one of said arc-shaped in cross section tongue pieces.